

Recipe Allergen Summary

Updated 04/09/2024

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusc	Mustard	Tree Nuts	Peanut	Sesame seeds	Soybeans
Apple													
Apple Cake			♦		♦								
<i>Contains: Gluten(Wheat)</i>													
Baked Beans													
Banana													
Basmati Rice													
BBQ Chicken													
Bolognese Sauce													
Bolognese Sauce Halal	♦												
Bread White Sliced					♦								♦
<i>Contains: Gluten(Barley, Oats, Rye, Wheat)</i>													
Broccoli													
Carrot Cake 2021			♦		♦								
<i>Contains: Gluten(Wheat)</i>													
Carrots													
Cauliflower Bites Katsu Curry													♦
Cheese & Crackers					♦		♦						
<i>Contains: Gluten(Wheat)</i>													
<i>May contain: Gluten(Barley, Oats, Rye)</i>													
Cheese & Tomato Pizza					♦		♦						
<i>Contains: Gluten(Wheat)</i>													
Cheese Sandwich					♦		♦						
<i>Contains: Gluten(Barley, Wheat)</i>													
Chicken Korma							♦						
Chips													
Chocolate Ice Cream							♦						
Coleslaw			♦						♦				
Cream							♦						
Creamy Tomato Pasta					♦								
<i>Contains: Gluten(Oats)</i>													
<i>May contain: Gluten(Barley, Rye, Wheat)</i>													
Cucumber													
Custard							♦						
Dairy Free Chicken Korma													
Dairy Free Cream													♦
Egg Sandwich			♦		♦				♦				
<i>Contains: Gluten(Barley, Wheat)</i>													
Fish Fingers				♦	♦								
<i>Contains: Gluten(Wheat)</i>													
Fish Pie				♦	♦		♦						○
<i>Contains: Gluten(Wheat)</i>													
French Bread (granary)					♦							○	
<i>Contains: Gluten(Barley, Wheat)</i>													
French Bread (white)					♦							○	

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame seeds	Contains
<i>Contains: Gluten(Wheat)</i>													
Frubes							♦						
Fruit Cocktail													
GF Yorkshire Puddings			♦				♦						
Gingerbread Men					♦		○					○	
<i>Contains: Gluten(Wheat)</i>													
Gluten Free Bread			♦										
Gluten Free Creamy Tomato Pasta					♦								
<i>Contains: Gluten(Oats)</i>													
Gluten Free Fish Fingers				♦									
Gluten Free Gingerbread													
Gluten Free Katsu Sauce												♦	
Gluten Free Pasta													
Gluten Free Sausage													♦
Gluten Free Stuffing Balls													
Gluten Free Vegetable Nuggets													
Gluten Free Vegetable Swirl													
Gluten Free Yorkshire Pudding			♦										
Grated Carrot													
Grated Cheese							♦						
Gravy													
Halal Chicken Korma							♦						
Ham Sandwich					♦								
<i>Contains: Gluten(Barley, Wheat)</i>													
Hummus Sandwich					♦								♦
<i>Contains: Gluten(Barley, Wheat)</i>													
Jacket Potato with Baked Beans													
Jacket Potato with Cheese							♦						
Jacket Potato with Tuna Mayonnaise			♦	♦					♦				
Katsu Chicken	○				♦		○		○			○	
<i>Contains: Gluten(Wheat)</i>													
Katsu Sauce					♦								♦
<i>Contains: Gluten(Wheat)</i>													
Lemon Drizzle Cake			♦		♦							○	
<i>Contains: Gluten(Wheat)</i>													
Lettuce													
Macaroni Cheese	○		○		♦		♦		♦			○	
<i>Contains: Gluten(Wheat)</i>													
Mandarin Oranges													
Mango Smoothie													
Mashed Potato													
Mayonnaise			♦										
Mixed vegetables													
Orange													
Pasta Twists					♦								
<i>Contains: Gluten(Wheat)</i>													
Pea & Lemon Bites													
Peaches													

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame seeds	Contains
Pears													
Peas													
Peppers													
Pineapple													
Rainbow Sprinkle Cake			♦		♦								
<i>Contains: Gluten(Wheat)</i>													
Roast Chicken													
Roast Chicken (Halal)													
Roast Potatoes #2													
Satsumas													
Sausages					♦								♦
<i>Contains: Gluten(Barley, Oats, Rye, Wheat)</i>													
Sausages (halal)					♦								♦
<i>Contains: Gluten(Wheat)</i>													
Shepherds Pie													
Shepherds Pie Halal													
Soy Free Meatballs													
Strawberry Ice Cream							♦						
Sweet and Sour Chicken (Copy)													
Sweetcorn													
Tomato Ketchup													
Tomatoes													
Tuna Mayonnaise			♦	♦					♦				
Tuna Sandwich			♦	♦	♦				♦				
<i>Contains: Gluten(Barley, Wheat)</i>													
Vanilla Ice Cream							♦						
Vegan (df) Custard					♦								
<i>Contains: Gluten(Oats)</i>													
Vegan Coleslaw													
Vegan Macaroni Cheese	♦				♦								♦
<i>Contains: Gluten(Barley, Oats, Rye, Wheat)</i>													
Vegan Pizza													
Vegan Vanilla Sponge Cake													
Vegetable Nuggets					♦								
<i>Contains: Gluten(Wheat)</i>													
Vegetable Samosa					♦								
<i>Contains: Gluten(Wheat)</i>													
Vegetable Sausage													
Vegetable Swirl					♦								
<i>Contains: Gluten(Wheat)</i>													
Vegetable, Chickpea & Potato Curry	♦												♦
Veggie Balls In Tomato sauce (Vegan)	♦											♦	
Wholemeal Bread					♦						○	♦	
<i>Contains: Gluten(Wheat)</i>													
<i>May contain: Gluten(Barley)</i>													
Wholemeal Cheese Sandwich							♦						
Wholemeal Ham Sandwich													
Wholemeal Hummus Sandwich					♦						○	♦	♦

	Celery	Crustacean	Eggs	Fish	Gluten	Lupin	Milk	Mollusc	Mustard	Nuts	Peanut	Sesame seeds	Sulphites
<i>Contains: Gluten(Wheat)</i>													
<i>May contain: Gluten(Barley)</i>													
Wholemeal Tuna Sandwich			●	●					●				
Yorkshire Pudding			●		●		●						
<i>Contains: Gluten(Wheat)</i>													

- Recipe contains allergen
- Recipe may contain allergen
- ? Missing data for allergen

Terms of Use: Piranha is provided as an aid for you to accurately cost menus, track allergen information and gain access to nutritional values. In using Piranha you will be deemed to have accepted and agreed that Pelican Procurement Services Limited does not guarantee nor accept any responsibility at all for the accuracy of the data used and will not be responsible for any reliance that you may place on such data. You are advised that any product data entered on Piranha, other than that directly entered by yourself or other user(s), is provided by the supplier or manufacturer and, as it may be updated at any time, you should always check the product packaging for more up to date information.